



*My Special Shirt™* Ensures Success:

1. **My Special Shirt™** incorporates a PROFESSIONALLY ENDORSED program, which instructs you on how to get your child excited about kicking the habit. This includes: The introduction, The first night, How to visually map progress for your child, Encourage-Praise-Reward, How to introduce the new shirt, Plan for when the shirt comes off and Resources to help.
2. **My Special Shirt™** includes extensive information on how to break sucking during the day, in a positive manner.
3. As a critical component, a professionally endorsed, personalized '**rewards chart**' is included and will get your child excited!
4. **My Special Shirt™** - A patented, 100% cotton, comfortable and soft specialty shirt with complete fabric coverage over the hands. Child tested and approved!
5. **Personalized Attention** - We know all too well about the challenges of thumb sucking. When you purchase, we personally follow up with you, give you tips and tricks to help and answer any questions you may have!



ORDERING INFORMATION:

Online at

[www.MySpecialShirt.com](http://www.MySpecialShirt.com)

or call

1-888-55-SHIRT (74478)

*My Special Shirt™ is registered with the U.S. Patent and Trademark Office. Patent Pending.*

**Special Solutions LLC**  
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Put an END to Thumb Sucking & Scratching with our Professionally Endorsed Specialty Shirt & Positive Approach Program



*Designed with Children for Children*

Whether your child needs assistance to overcome thumb/finger sucking or to prevent scratching irritable skin conditions, *My Special Shirt™* is the solution you are looking for!

As an added benefit, TWO accompanying confidence-boosting programs instruct you on how to introduce *My Special Shirt™* to your child in a positive manner - they'll even enjoy wearing their unique shirt and getting rewarded for it!

Visit: [www.MySpecialShirt.com](http://www.MySpecialShirt.com)

## Benefits of *My Special Shirt*™

1. Gives your child control without sucking
2. Reduces poor alignment of teeth from sucking
3. Uses a positive approach – child tested!
4. Reduce mouth injuries from long-term sucking
5. Could save you thousands of dollars on your child's future dental/orthodontic bills
6. Increases confidence & self awareness
7. Helps to form positive behaviors
8. Aids in healing process, minimizing scratching of eczema, psoriasis or any other irritable skin condition

## Thumb Sucking:

### **Help your child to have a beautiful smile!**

According to the American Dental Association, "...sucking may cause problems with the improper growth of the mouth and alignment of the teeth. It can also cause changes in the roof of the mouth. The intensity of the sucking is a factor that determines whether or not dental problems may result."

*My Special Shirt*™ helps minimize the damage of thumb/finger sucking by providing a number of tools to help you address the habit with your child in a positive manner. Experts agree that the best and only way to overcome thumb sucking is by getting the child's buy-in, thus working with your child, not against. By working as a team, your child will be motivated, will build self-confidence, balance their emotions and stop their dependence and need to suck.

Because we want your child to successfully overcome his behavioral habit as soon as possible, with your order, we include TWO professionally endorsed programs and a rewards chart to stack the odds in his favor. These highly successful programs are short-term and use positive reinforcement. *Our ultimate goal is to help your child eliminate thumb/finger sucking without the need to continue wearing this specialty shirt.*



## Scratching:

Whether your child has eczema or any other irritable skin condition, utilizing *My Special Shirt* will cover the hands during sleep, thus avoiding direct contact with the nails and further irritation to the skin. To add even more value to your *My Special Shirt* order, we include a professionally endorsed program which will help you to introduce *My Special Shirt* to your child in a positive and rewarding manner - the goal being to ease your child into wearing - and even enjoy wearing - the shirt.

## What Professionals are Saying

*"I'm excited about this product! As a pediatric dentist, I often treat children who could benefit from My Special Shirt™ to avoid more serious and expensive orthodontic problems in the future. When used to treat a finger or thumb habit, this could be the answer a lot of parents are looking for!" - Dr. Kemie D. Houston, DDS*

*"I hope parents are making use of your product. It is the best idea I know of for nighttime finger cessation. My best wishes to My Special Shirt and the parents who are using it." - Dr. Anthony A. Kamp, DMD / Children's Hospital - Mason, OH*

*"My Special Shirt™ definitely has a place in the discipline of elimination of nighttime parafunctional sucking habits... For those children, who... are not able to transfer their learned control of the habit... My Special Shirt™ can help them to achieve the success to which they aspire." - Jeanne Spahn, M.A., CCC-COM Speech-Language Pathologist, Certified Orofacial Myologist*

## What Parents are Saying

*"We had tried everything to get our daughter to stop sucking her thumb and NOTHING worked ... your program worked exactly as you stated. I truly thank you. (It's) a pleasure doing business with your company." - MaryAnn H, VA*

*"The habit has been broken--He is no longer sucking his thumb and is soooo proud of himself... Your shirt helped us to make it possible. It's such a great idea!" - Diana G, NY*

*"We loved the shirt... The introduction was great... The program was very helpful. My son actually filled the chart out and was enthused to do the program... Great idea." - Mike M, CA*

*"My son is no longer sucking his thumb at night and his teeth are actually moving back into place! The program you included actually works! Thank you!" - Michael, Littleton, CO*

*I am thrilled with your program! My son Ely started the program several weeks ago and is doing just great! I am sharing the news with everyone I know that can benefit! A great creation!" - Dawn C., Portate, MI*

*"We recently got 'My Special Shirt' for my daughter who has eczema. Unknowingly, she scratches her legs at night and many times she would end up bleeding. The scratching at night has turned into soothing rubs which is much more gentle. Thank you!" - Mandy, Mother of 3*

**For a complete list of happy, successful customers, please visit our website!**

As with any new program, please check with your pediatrician or pediatric dentist to make sure *My Special Shirt*™ is right for you and your child.

**For more information & to order:  
[www.MySpecialShirt.com](http://www.MySpecialShirt.com)**